

Aug-Oct 2009

# Newsletter



## Thought - "Time for a rest"

I love summer. There are a number of reasons for this positive vibe. The first, and for me the most noticeable reason, is waking up to sunshine and going to bed just after it's dropped dark. Brilliant! I don't have damp washing hanging all over the house and I get excited when I've dried it all in one day. (Sad, I know)

I love hearing the children playing outside and seeing them filling the parks. There's picnics, barbeques, walks, sports, people getting together and having fun!

I also look forward to a nice holiday. It's great to have a break from the busyness of our lives. To spend time with friends and family and enjoy each other's company. We recharge our batteries and feel refreshed and ready to go on with renewed strength.

God has always known that we need a good rest. He understands how busy we get and, right from the start, he told us that we should rest on one day of the week.

God also offers us a rest that can be with us all of the time, which doesn't go away as soon as we get back to work after a holiday.

This Psalm puts it brilliantly.

*"I will find rest in God alone. He is the one who gives me hope. He alone is my rock. He is the one who saves me. He is like a fortress to me. I will always be secure."  
(Psalm 62 vs 5 & 6)*

This rest comes from knowing that God is there to help us, throughout our busy lives. He is our strength. He wants us to feel secure in him. God's rest is better than all our best holidays rolled into one.

## In Focus - Summer Activity week

**What** A week of fun and games based around the theme of Transformation. There will be drama, art and crafts, games and music.

**Who** 5-14 year olds

**When** Monday 3rd-Friday 7th August (10-12am Monday-Thursday, 10-early afternoon Friday)

**Where** The Bethel, Christadelphians, Henrietta Street. In the building round the back, across the car park.

**Contact** 743 3098



## What's On?

(At Henrietta St. unless otherwise stated)

Sunday Services at 2:45 1<sup>st</sup> Sunday of the month and 6:00 pm at other times.

DATE	SUBJECT
2-Aug	<b>Praise Service (2:45)</b>
9-Aug	Healings in Mark's Gospel
16-Aug	Judgement & resurrection
23-Aug	Judgement & resurrection - so what?
30-Aug	What do Christians do...read the Bible
6-Sep	<b>Youth Church Prize-giving (2:45)</b>
13-Sep	Abraham the musical

DATE	SUBJECT
20-Sep	God's perspective on the news
27-Sep	Songs from John's Gospel - part 2
4-Oct	<b>Harvest Service (2:45)</b>
11-Oct	<i>Guest Speaker</i>
18-Oct	Forgiveness in a culture of blame
25-Oct	Putting God first in our lives
1-Nov	<b>Praise Service (2:45)</b>

### Regulars:

- Sunday**
  - Breaking of Bread Service 10:30 a.m.
  - Youth Church 2:45 p.m. (From Kids aged 3 up to Adult Discussion Group)
  - Sunday Service 2:45 p.m. or 6:00 p.m. (See above for details)
- Tuesday**
  - Coffee Morning 10:30 a.m. till 12:00
  - Junior Youth club 6:45 p.m.
  - "The Bible Course" 7:15 p.m. at Chorlton Adult Education Centre
- Thursday**
  - "Playtime" Parent & Toddler group 10am-12pm (Term time only)
  - Bible Class 8:00 p.m.
- Friday**
  - Senior Youth Club 7:30 p.m.

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